



POSITION TITLE:

Contract Group Ex Instructor

SUMMARY DESCRIPTION:

Under the supervision of the Health & Wellness Coordinator, the Group Ex Instructor is responsible for teaching quality fitness classes to our members.

ESSENTIAL FUNCTIONS:

- Positively engage all members, guests, and staff
- Teach classes that can be adapted to all fitness levels
- Proactively anticipate member and guest needs
- Learn names and personally recognize regular members of the facility
- Maintain a clean and safe work environment

QUALIFICATIONS/EDUCATION/EXPERIENCE REQUIREMENTS:

- Strong verbal communication skills
- Must maintain current CPR, First Aid, and AED training
- Must have (or be willing to obtain) valid clearances (PA Criminal Record Check, PA Child Abuse Clearance, FBI Fingerprint Clearance)
- Ability to work effectively with all members of the community as well as coworkers
- Must have valid certification in the appropriate class (Spinning, Pilates, TRX) or a personal trainer certification to teach general circuit training or toning classes.

PHYSICAL REQUIREMENTS AND WORK ENVIRONMENT:

- This position requires frequent walking, sitting, bending, stooping, periodically standing for long periods, using hand or fingers to manipulate, touch, or handle, and climb stairs.
- The work environment noise level is typical of a moderately noisy standard business with equipment running and members entering and exiting.
- Vision abilities required by this job include near and far vision, depth perception, and to differentiate colors.

JOB TYPE:

Part Time - Contract Position

SALARY:

\$25-\$30/hour

The Lauri Ann West Community Center is an equal opportunity employer committed to hiring a diverse workforce and sustaining an inclusive culture. The Lauri Ann West Community Center does not discriminate on the basis of disability, veteran status or any other basis protected under federal, state or local laws.