

# JULY OPEN GYM SCHEDULE

- Reservations are not required to use Open Gym
- Open Gym is available to monthly Fitness Members or those with guest passes
- Guest passes are available for \$10

- Children aged 10 and 11 (or in 4th or 5th grade) are allowed in the gymnasium unsupervised as long as a parent or guardian (age 18+) is in the facility. The guardian cannot leave the building but does not have to be in the gymnasium.
- Children aged 12 and over (or in 6th grade or higher) are allowed in the gymnasium unsupervised as long as a parent or guardian has signed the release of liability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1</b> 9:15 - 11:00AM 3:00 - 5:30PM 7:15 - 8:30PM	<b>2</b> 6:30 - 8:00AM 10:00 - 11:15AM 3:00 - 6:30PM	<b>3</b> 3:00 - 6:30PM	<b>4</b> CLOSED	<b>5</b> 5:45 - 8:45AM 3:00 - 8:00PM	<b>6</b> 7:00 - 8:00AM 12:00 - 5:00PM	<b>7</b> 11:00 - 4:00PM
<b>8</b> 9:15 - 11:00AM 3:00 - 5:30PM 7:15 - 8:30PM	<b>9</b> 6:30 - 8:00AM 10:00 - 11:15AM 3:00 - 6:30PM	<b>10</b> 3:00 - 6:30PM	<b>11</b> 7:00 - 8:00AM 10:00 - 11:00AM 3:00 - 5:45PM 7:15 - 8:30PM	<b>12</b> 5:45 - 8:45AM 3:00 - 8:00PM	<b>13</b> 7:00 - 8:00AM 1:45 - 5:00PM	<b>14</b> 11:00 - 4:00PM
<b>15</b> 9:15 - 11:00AM 3:00 - 5:30PM 7:15 - 8:30PM	<b>16</b> 6:30 - 8:00AM 10:00 - 11:15AM 3:00 - 6:30PM	<b>17</b> 3:00 - 6:30PM	<b>18</b> 7:00 - 8:00AM 10:00 - 11:00AM 3:00 - 5:45PM 7:15 - 8:30PM	<b>19</b> 5:45 - 8:45AM 3:00 - 8:00PM	<b>20</b> 7:00 - 8:00AM 12:00 - 5:00PM	<b>21</b> 11:00 - 4:00PM
<b>22</b> 9:15 - 11:00AM 3:00 - 5:30PM 7:15 - 8:30PM	<b>23</b> 6:30 - 8:00AM 10:00 - 11:15AM 3:00 - 6:30PM	<b>24</b> 3:00 - 6:30PM	<b>25</b> 7:00 - 8:00AM 10:00 - 11:00AM 3:00 - 5:45PM 7:15 - 8:30PM	<b>26</b> 5:45 - 8:45AM 3:00 - 8:00PM	<b>27</b> 7:00 - 8:00AM 12:00 - 5:00PM	<b>28</b> 11:00 - 4:00PM
<b>29</b> 9:15 - 11:00AM 3:00 - 5:30PM 7:15 - 8:30PM	<b>30</b> 6:30 - 8:00AM 10:00 - 11:15AM 3:00 - 6:30PM	<b>31</b> 3:00 - 6:30PM				