

# NOVEMBER OPEN GYM SCHEDULE

- Reservations are not required to use Open Gym
- Open Gym is available to monthly Fitness Members or those with guest passes
- Guest passes are available for \$10

- Children aged 10 and 11 (or in 4th or 5th grade) are allowed in the gymnasium unsupervised as long as a parent or guardian (age 18+) is in the facility. The guardian cannot leave the building but does not have to be in the gymnasium.
- Children aged 12 and over (or in 6th grade or higher) are allowed in the gymnasium unsupervised as long as a parent or guardian has signed the release of liability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 2:45 - 7:45PM	2 7:00 - 8:00AM 12:30 - 5:00PM	3 11:00 - 4:00PM
4 2:45 - 5:45PM 7:00 - 8:20PM	5 2:45 - 8:15PM	6 2:45 - 4:00PM 5:30 - 6:45PM	7 2:45 - 4:00PM 5:30 - 6:45PM	8 2:45 - 4:00PM 5:30 - 7:45PM	9 7:00 - 8:00AM 1:45 - 5:00PM	10 11:00 - 4:00PM
11 2:45 - 4:00PM 7:00 - 8:20PM	12 2:45 - 4:00PM 5:30 - 8:15PM	13 2:45 - 4:00PM 5:30 - 6:45PM	14 2:45 - 4:00PM 5:30 - 8:20PM	15 2:45 - 4:00PM 5:30 - 7:45PM	16 7:00 - 8:00AM 1:45 - 5:00PM	17 11:00 - 4:00PM
18 2:45 - 4:00PM 7:00 - 8:20PM	19 2:45 - 4:00PM 5:30 - 8:15PM	20 2:45 - 4:00PM 5:30 - 6:45PM	21 2:45 - 4:00PM 5:30 - 8:20PM	22 2:45 - 4:00PM 5:30 - 7:45PM	23 7:00 - 8:00AM 1:45 - 5:00PM	24 11:00 - 4:00PM
25 2:45 - 4:00PM 7:00 - 8:20PM	26 2:45 - 4:00PM 5:30 - 8:15PM	27 2:45 - 8:15PM	28 7:00 - 8:00AM	29 2:45 - 7:45PM	30 7:00 - 8:00AM 1:45 - 5:00PM	1 11:00 - 4:00PM